



## Patient Form

# Primary Patient Care

### STEP 1: FILL OUT YOUR FORM

You can begin filling out this form in your browser or download it to your computer and then fill it out.

#### OPTION 1

##### **FILL OUT IN YOUR BROWSER, THEN DOWNLOAD**

- Be sure to not close or refresh your browser, doing so will erase your information.
- Once you've completed filling it out, you will need to download it.
- Use the instructions in Option 2 to download your form.

#### OPTION 2

##### **DOWNLOAD TO YOUR COMPUTER, THEN FILL OUT**

- To download to your computer click on the download button, as shown below.



**SAFARI**



**CHROME**

### STEP 2: SUBMIT YOUR FORM

Download your form, follow the instructions above to do so.

Click the "Submit Form" button below. This will open up your email and attached your patient form. You can also manually email the completed PDF as an attachment



**or email to: [info@vital4men.com](mailto:info@vital4men.com)**

Select Your Location

Chandler

Mesa/Gilbert

Peoria

PATIENT INFORMATION		
Name: _____	Date of Birth: _____	
Street Address: _____		
City: _____	State: _____	ZIP Code: _____
Cell Phone: _____	Home Phone: _____	
Is it OK to leave a message on your voicemail with relevant clinical information? <input type="checkbox"/> Yes <input type="checkbox"/> No		
Occupation: _____	Employer: _____	

Ethnicity: Please check all boxes that apply.				
<input type="checkbox"/> Hispanic	<input type="checkbox"/> Caucasian	<input type="checkbox"/> African-American	<input type="checkbox"/> Asian	<input type="checkbox"/> Other: (please list)

Health Insurance	
Insurance Company: _____	
Policy Holders Name: _____	
Policy ID#: _____	Group #: _____

Clinical Reminders	
You may choose to be contacted via text or email with important clinical reminders. You will not receive spam messages. Please mark the appropriate box to indicate your preference. <b>Cell service provider info is needed for text reminders.</b>	
<input type="checkbox"/> Text: Please list your cell service provider: _____	
Please list your preferred cell number: _____	
<input type="checkbox"/> Email: Please print email address: _____	
<input type="checkbox"/> Text & Email: Please complete Text and Email information directly above this line.	
<input type="checkbox"/> Please Do Not Contact Me	

How did you hear about us?		
<input type="checkbox"/> Internet/Vital4men Website	<input type="checkbox"/> 98.7 FM Sports Radio	<input type="checkbox"/> Doctor Referral (please list)
<input type="checkbox"/> 100.7 FM KSLX Classic Rock	<input type="checkbox"/> 620 AM ESPN Sports Radio	<input type="checkbox"/> Friend Referral (please list)
<input type="checkbox"/> 92.3 FM News Radio	<input type="checkbox"/> Sign	<input type="checkbox"/> Other (please list)

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**Release of Medical Information**

Per HIPAA regulations, personal medical information cannot be disclosed to any individual not listed below.

I \_\_\_\_\_, give permission for my health care information to be disclosed for the purposes of communicating results and findings to the family members listed below.

Name of Authorized Individuals	Relationship to Patient	DOB (for security)
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

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Patient Signature _____	Today's Date _____
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## Cancer Risk Assessment Questionnaire

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Today's Date: \_\_\_\_\_

### **Your Personal & Family History is Important to Us**

We **NEED** this information to perform an accurate assessment of your medical & cancer risks

**Instructions:** When you circle Y, provide the age of diagnosis and relationship of family member with the illness/cancer.

**Please include all relatives up to your great-grandparents (including siblings, aunts / uncles, cousins, nieces / nephews, grandparents)**

Are you of Ashkenazi Jewish (Eastern European Descent) – Important for genetic screening Yes    No

Have you ever been tested for a Hereditary Cancer Syndrome (e.g. BRCA or Lynch Syndrome) Yes    No

If Yes, please specify: \_\_\_\_\_

MEDICAL & CANCER HISTORY Please <u>list every relative</u> who has had one of the following conditions			SELF	FAMILY MEMBER	
				MOTHER'S SIDE AGE at Diagnosis	FATHER'S SIDE AGE at Diagnosis
Y	N	EXAMPLE: Breast Cancer	Y/N	Aunt - age 45 Cousin - age 61	Grandmother - age 53
Y	N	Breast Cancer			
Y	N	Anyone with Breast Cancer in both breasts or in the same breast 2x (list ages at time of diagnosis)			
Y	N	Male Breast Cancer at any age			
Y	N	Triple Negative Breast Cancer (ER-, PR-, HER2-)			
Y	N	Ovarian Cancer			
Y	N	Prostate Cancer			
Y	N	Pancreatic Cancer			
Y	N	Colon Cancer			
Y	N	Endometrial Cancer			
Y	N	Any other Cancers (please list with as much detail as possible)			

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_ MD Signature \_\_\_\_\_ Date \_\_\_\_\_

**Knowing your family history can save your life!**

**Use your next family gathering to actively collect and share family history with your relatives.**

# ViTal4Men Clinic



## HIPAA – Notice of Privacy Practices

The Vital4Men Clinic is required by law to maintain the privacy and confidentiality of your protected health information and to provide our patients with notice of our legal duties and privacy practices with respect to your protected health information.

### **Summary of Rights and Obligations Concerning Health Information.**

Vital4Men Clinic is committed to preserving the privacy and confidentiality of your health information, which is required both by federal and state law. We are required by law to provide you with this notice of our legal duties, your rights, and our privacy practices, with respect to using and disclosing your health information that is created or retained by Vital4Men. Each time you visit us, we make a record of your visit. Typically, this record contains your symptoms, examination and test results, our assessment of your condition, a record of your treatment interventions, and a plan for future care or treatment. We have an ethical and legal obligation to protect the privacy of your health information, and we will only use or disclose this information in limited circumstances. In general, we may use and disclose your health information to:

- plan your care and treatment;
- provide treatment by us or others;
- communicate with other providers such as referring physicians;
- receive payment from you, your health plan, or your health insurer;
- make quality assessments and work to improve the care we render and the outcomes we achieve, known as health care operations;
- make you aware of services and treatments that may be of interest to you; and
- comply with state and federal laws that require us to disclose your health information.

**We may also use or disclose your health information where you have authorized us to do so.**

### **You have the right to:**

- ensure the accuracy of your health record;
- request confidential communications between you and your therapist and request limits on the use and disclosure of your health information; and
- request an accounting of certain uses and disclosures of health information we have made about you.

We are required to:

- maintain the privacy of your health information;
- provide you with notice, such as this *Notice of Privacy Practices*, as to our legal duties and privacy practices with respect to information we collect and maintain about you;
- abide by the terms of our most current *Notice of Privacy Practices*;
- notify you if we are unable to agree to a requested restriction; and
- accommodate reasonable requests you may have to communicate health information by alternative means or at alternative locations.

### **Disclosure of Your Health Care Information:**

We may disclose your healthcare information as necessary to comply with State Workers Compensation laws, Public Health Authorities, Emergency Situations, Judicial & Administrative Proceedings, Law Enforcement, Medical Examiners, Researcher that has been approved by an Institutional Review Board, when necessary to prevent a health or safety issue, to military or national security and government benefit purposes, for company approved marketing purposes, showing gratitude for referrals, and change of ownership.

I understand and have been provided with a Notices of Privacy Practices, which provides a description of the information uses and disclosures. I understand and had the right to review this notice prior to signing the consent, the right to object the use of my health information for directory purposes and the right to request restriction as to how my health information may be used or disclosed to carry our treatment, payment or healthcare operations.

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Patient Signature

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Date



### Financial Agreement

I will pay in full for services at the time of my appointment unless I have insurance coverage that requires another arrangement, or I make a different agreement with my provider.

#### Payment for Services:

You are ultimately responsible for payment of services if your insurance carrier does not pay for any reason. **IT IS THE RESPONSIBILITY OF THE PATIENT OR THEIR RESPONSIBLE PARTY/REPRESENTATIVE TO KNOW THEIR INSURANCE COVERAGE.** Please present your insurance card at each visit. Insurance companies deny claims that are not submitted within 90 days of the date of service. If you do not submit your current insurance to the office at the time of your visit, you may be responsible for denied claims. We attempt to verify coverage before your visit with the information you provide. Verification of coverage does not guarantee the insurance company will pay for your visit. Insurance policies exclude some non-covered services; however, this does not mean services or tests are not necessary. It means the policy you have does not cover certain necessary services. Please keep in mind your insurance policy is a contract between you and the insurance company. The physician has no control over which services the insurance company does or does not cover.

If your insurance carrier's "Criteria" for Testosterone Replacement Therapy does not cover or restricts coverage for services provided by Vital4Men, you will be responsible to arrange payment for the specific services that are not covered. We are under contract with your insurance carrier to bill only for services that fall under the "Criteria" of covered benefits. We cannot bill for services that are deemed "experimental". In some cases Testosterone Replacement Therapy is considered "experimental" by specific insurance companies if the strict "Criteria" is not met.

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**LAB BILLING:** Please be aware that Vital4men has no role in or control over billing issues related to clinical laboratory fees. If you have questions about bills received for laboratory charges or insurance coverage available to you, please contact the clinical laboratory in question and/or your insurance carrier. We regret that our billing staff cannot be of assistance to you in mitigating laboratory charge issues. Please understand that we cannot know which tests are covered by your individual insurance. We also cannot be responsible when you and/or your employer choose a high deductible insurance plan. Our interest is in providing you with quality medical care, utilizing appropriate laboratory testing.

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Current policies in the "ACA" Affordable Care Act may delay payment of your claims due to non-payment of policy premiums by the patient. If your insurance delays, denies or pays and then re-coups the payment of your claims due to non-payment of the policy premium, you will be responsible to pay the claim in full in accordance with our "Financial Policy" guidelines.

I understand that, if my account is referred to a collection specialist due to non-payment, I will pay any applicable collection fees.

#### INITIALS:

\_\_\_\_\_ I HAVE READ THIS FINANCIAL AGREEMENT, ASKED ANY QUESTIONS I HAVE ABOUT IT, AND AGREE TO ITS TERMS.

\_\_\_\_\_  
Patient (Signature)

\_\_\_\_\_  
Date

# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

<b>Name:</b> _____	<b>Date of Birth:</b> _____	<b>Today's Date:</b> _____
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Please tell us the REASON FOR TODAY'S VISIT or any concerns you would like to discuss with your doctor today.


CURRENT MEDICATIONS		
Please list ALL your current PRESCRIPTION and NON-PRESCRIPTION medications, including SUPPLEMENTS and VITAMINS.		
Medication Name	Strength (ie, mg/pill)	How Taken (ie, 2 tablets twice per day)

ALLERGIES	
Please list ALL known ALLERGIES (drugs, latex, food, animals, bee stings, etc).	
Allergy	Reaction (ie, rash, nausea, difficulty breathing)

IMMUNIZATIONS			
Vaccination		Date	
<input type="checkbox"/> Influenza (flu shot)		<input type="checkbox"/> Measles, Mumps, Rubella (MMR)	
<input type="checkbox"/> Pneumococcal (pneumonia)		<input type="checkbox"/> Hepatitis A	
<input type="checkbox"/> Tetanus (Td)		<input type="checkbox"/> Hepatitis B	
<input type="checkbox"/> Tetanus with Pertussis (Tdap)		<input type="checkbox"/> Human Papilloma Virus (HPV)	
<input type="checkbox"/> Shingles		<input type="checkbox"/> Meningococcal (meningitis)	
<input type="checkbox"/> Varicella (chicken pox) shot <i>or</i> illness		<input type="checkbox"/> Tuberculosis (TB) skin test	

HEALTH MAINTENANCE			
Exam		Date	
<input type="checkbox"/> Physical Exam		<input type="checkbox"/> EKG	
<input type="checkbox"/> Recent Labs		<input type="checkbox"/> Echocardiogram	
<input type="checkbox"/> Lipid Panel		<input type="checkbox"/> Cardiac Stress Test	
<input type="checkbox"/> Colonoscopy		<input type="checkbox"/> EYE Exam	
<input type="checkbox"/> DEXA Scan (bone density)		<input type="checkbox"/> FOBT (stool card for hidden blood)	

# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## MEDICAL HISTORY

Please mark the appropriate boxes to indicate if you have ever experienced the following conditions, with year of onset/ diagnosis.

### Neurology

- ☐ Stroke (CVA) \_\_\_\_\_
- ☐ Transient Ischemic Attack (TIA) \_\_\_\_\_
- ☐ Seizures/ Epilepsy \_\_\_\_\_
- ☐ Dementia \_\_\_\_\_
- ☐ Parkinson's \_\_\_\_\_
- ☐ Migraine \_\_\_\_\_

### Endocrine

- ☐ Thyroid Disorder \_\_\_\_\_
- ☐ Diabetes - Insulin \_\_\_\_\_
- ☐ Diabetes - Non-Insulin \_\_\_\_\_
- ☐ Elevated Cholesterol \_\_\_\_\_
- ☐ Osteoporosis \_\_\_\_\_

### Cardiac

- ☐ Heart Attack \_\_\_\_\_
- ☐ Coronary Artery Disease \_\_\_\_\_
- ☐ Angina or Frequent Chest Pain \_\_\_\_\_
- ☐ High Blood Pressure \_\_\_\_\_
- ☐ Congestive Heart Failure \_\_\_\_\_
- ☐ Irregular Heart Beat \_\_\_\_\_
- ☐ Heart Murmur \_\_\_\_\_
- ☐ Rheumatic Fever \_\_\_\_\_

### Lungs

- ☐ Asthma \_\_\_\_\_
- ☐ COPD (emphysema) \_\_\_\_\_
- ☐ Sleep apnea \_\_\_\_\_
- ☐ Valley Fever \_\_\_\_\_
- ☐ Tuberculosis \_\_\_\_\_

### Urinary

- ☐ Enlarged Prostate \_\_\_\_\_
- ☐ Prostate Cancer \_\_\_\_\_
- ☐ Kidney Stones \_\_\_\_\_
- ☐ Kidney Failure \_\_\_\_\_
- ☐ Dialysis \_\_\_\_\_

### Gastrointestinal

- ☐ GERD or Reflux \_\_\_\_\_
- ☐ Irritable Bowel Syndrome \_\_\_\_\_
- ☐ Ulcerative Colitis \_\_\_\_\_
- ☐ Crohn's Disease \_\_\_\_\_
- ☐ Diverticulitis \_\_\_\_\_
- ☐ H. pylori \_\_\_\_\_
- ☐ Stomach Ulcer \_\_\_\_\_
- ☐ Pancreatitis \_\_\_\_\_
- ☐ Cirrhosis \_\_\_\_\_
- ☐ Hepatitis B \_\_\_\_\_
- ☐ Hepatitis C \_\_\_\_\_
- ☐ Colon Polyps \_\_\_\_\_
- ☐ Colon Cancer \_\_\_\_\_
- ☐ Barrett's Esophagus \_\_\_\_\_
- ☐ Lactose Intolerance \_\_\_\_\_
- ☐ Celiac Sprue \_\_\_\_\_
- ☐ Hiatal Hernia \_\_\_\_\_
- ☐ Hemorrhoids \_\_\_\_\_
- ☐ Gallbladder Disease \_\_\_\_\_

### Rheumatology

- ☐ Osteoarthritis \_\_\_\_\_
- ☐ Gout \_\_\_\_\_
- ☐ Fibromyalgia \_\_\_\_\_
- ☐ Rheumatoid Arthritis \_\_\_\_\_
- ☐ Lupus \_\_\_\_\_

### Blood

- ☐ Anemia \_\_\_\_\_
- ☐ Leukemia \_\_\_\_\_
- ☐ Lymphoma \_\_\_\_\_
- ☐ Bleeding Disorder \_\_\_\_\_
- ☐ Blood Transfusion \_\_\_\_\_
- ☐ HIV/AIDS \_\_\_\_\_

### Psychiatric

- ☐ Anxiety Disorder \_\_\_\_\_
- ☐ Depressive Disorder \_\_\_\_\_
- ☐ Bipolar Disorder \_\_\_\_\_
- ☐ Schizophrenia \_\_\_\_\_

### Circulation

- ☐ Deep Vein Thrombosis \_\_\_\_\_
- ☐ Pulmonary Embolism \_\_\_\_\_
- ☐ Peripheral Vascular Disease \_\_\_\_\_
- ☐ Carotid Artery Disease \_\_\_\_\_

### Cancer

- ☐ Cancer (list type) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

### Any Condition not Listed

- ☐ Other (please list) \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## SURGICAL HISTORY

Please mark the appropriate boxes to indicate any SURGERIES or PROCEDURES you have had, with date/ year.

- ☐ Angioplasty \_\_\_\_\_
- ☐ Angioplasty with stent \_\_\_\_\_
- ☐ CABG (heart bypass) \_\_\_\_\_
- ☐ Heart valve \_\_\_\_\_
- ☐ Pacemaker \_\_\_\_\_
- ☐ Defibrillator \_\_\_\_\_
- ☐ Carotid artery \_\_\_\_\_
- ☐ Aortic aneurysm \_\_\_\_\_
- ☐ Knee arthroscopy \_\_\_\_\_
- ☐ Knee replacement \_\_\_\_\_
- ☐ Hip replacement \_\_\_\_\_
- ☐ Back surgery \_\_\_\_\_
- ☐ ORIF (repair of broken bone) \_\_\_\_\_
- ☐ Tonsillectomy \_\_\_\_\_
- ☐ Appendectomy \_\_\_\_\_
- ☐ Hernia repair \_\_\_\_\_

- ☐ Thyroid surgery \_\_\_\_\_
- ☐ Cholecystectomy (gallbladder) \_\_\_\_\_
- ☐ Gastric bypass \_\_\_\_\_
- ☐ Colectomy (colon removed) \_\_\_\_\_
- ☐ Colostomy \_\_\_\_\_
- ☐ Small bowel resection \_\_\_\_\_
- ☐ Liver biopsy \_\_\_\_\_
- ☐ Hemorrhoid surgery \_\_\_\_\_
- ☐ Cataract \_\_\_\_\_
- ☐ LASIK \_\_\_\_\_
- ☐ Carpal tunnel release \_\_\_\_\_
- ☐ Other (please list) \_\_\_\_\_

### Gender Specific Male:

- ☐ Vasectomy \_\_\_\_\_
- ☐ Prostate biopsy \_\_\_\_\_
- ☐ Prostatectomy \_\_\_\_\_
- ☐ TURP \_\_\_\_\_

### Gender Specific Female:

- ☐ Breast biopsy \_\_\_\_\_
- ☐ Mastectomy \_\_\_\_\_
- ☐ Breast augmentation \_\_\_\_\_
- ☐ Breast reduction \_\_\_\_\_
- ☐ Hysterectomy \_\_\_\_\_
- ☐ Bilateral tubal ligation \_\_\_\_\_
- ☐ D & C \_\_\_\_\_
- ☐ C-section \_\_\_\_\_

# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

SOCIAL HISTORY	
<b>Marital Status</b>	<input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Separated <input type="checkbox"/> Widowed <input type="checkbox"/> Civil Union
<b>Do you have children?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No <b>How many?</b> _____ <b>Male(s)</b> _____ <b>Female(s)</b> _____
<b>Occupation</b>	<b>Employer</b>
<b>Exercise</b>	Regular Exercise is any planned physical activity (ie, brisk walking, aerobics, jogging, bicycling, weight training, swimming, rowing, etc.) performed to increase physical fitness. Such activity should be performed 4 to 5 times per week for 20-60 minutes per session. Exercise does not have to be painful to be effective but should be done at a level that increases your breathing rate and causes you to break a sweat. Please choose one of the following options based on this definition.
	<input type="checkbox"/> Sedentary (No exercise)
	<input type="checkbox"/> Mild Exercise (ie, walk 3 blocks, golf, etc., doesn't require increased breathing rate and sweating)
	<input type="checkbox"/> Occasional Exercise (ie, same definition as Regular Exercise but only 1 to 3 times per week)
	<input type="checkbox"/> Regular Exercise
<b>Diet</b>	Do you follow a specified diet? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, please indicate <input type="checkbox"/> Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Other (please list) _____ How many meals do you eat in an average day? _____
<b>Caffeine</b>	<input type="checkbox"/> None <input type="checkbox"/> Coffee <input type="checkbox"/> Tea <input type="checkbox"/> Soda <input type="checkbox"/> Energy Drinks If yes, how many caffeinated drinks do you have in an average day? _____
<b>Alcohol</b>	Do you drink alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Beer <input type="checkbox"/> Wine <input type="checkbox"/> Liquor If yes, how many alcoholic drinks do you have in an average week? _____
<b>Tobacco</b>	<input type="checkbox"/> Never smoked <input type="checkbox"/> Current smoker: packs/day _____ # of years _____ <input type="checkbox"/> cigarettes <input type="checkbox"/> cigars <input type="checkbox"/> pipe <input type="checkbox"/> Former smoker: packs/day _____ # of years _____ quit date _____ <input type="checkbox"/> Current chewing tobacco: # of years _____ <input type="checkbox"/> Former chewing tobacco: # of years _____ quit date _____
<b>Drugs</b>	Do you currently use recreational drugs? If yes, please describe use on the next line. <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have a history of recreation drug use? If yes, please describe on the next line. <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever used testosterone or any other anabolic steroids? <input type="checkbox"/> Yes <input type="checkbox"/> No If you have used testosterone or any other anabolics, was it prescribed by a doctor? <input type="checkbox"/> Yes <input type="checkbox"/> No If you have used testosterone or any other anabolics, please list types and dates of use on the next line. _____
<b>Sex</b>	Are you sexually active? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, are you trying for a pregnancy? <input type="checkbox"/> Yes <input type="checkbox"/> No

MEDICAL PROVIDERS	
Please list all doctors that provide medical care to you, indicating field of medical specialty (primary care, cardiology, gastroenterology, endocrinology, urology, psychiatry, etc.)	
<u>Medical Provider</u>	<u>Medical Specialty</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____



# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## FAMILY MEDICAL HISTORY

☐ Adopted If you are adopted and you do not know your family medical history you may skip the rest of the Family Medical History section.

	Mother	Father	Sister(s) #	Brother(s) #	Other, list relation:	Grandmother, Grandfather, Aunt, Uncle, Son, Daughter
Living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Deceased	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Age at death if deceased	_____	_____	_____	_____		
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Alzheimer's Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blood Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CAD (Coronary Artery Disease)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer, Type _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CHF (Congestive Heart Failure)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
COPD/ Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CVA (Stroke)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Developmental Delay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hearing Deficiency	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
IBD (Crohn's Disease, Ulcerative Colitis)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mental Illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Migraines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Obesity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Osteoarthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
PVD (Peripheral Vascular Disease)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Renal (Kidney) Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Seizure Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

# HEALTH HISTORY QUESTIONNAIRE

All questions contained in this questionnaire are strictly confidential and will become part of your medical record.

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## REVIEW OF SYSTEMS

Please mark the appropriate boxes to indicate any **CURRENT** symptoms.

### Constitutional

- ☐ Fatigue/Decrease in energy
- ☐ Unintentional Weight Gain of \_\_\_\_\_ lbs
- ☐ Unintentional Weight Loss of \_\_\_\_\_ lbs
- ☐ Insomnia
- ☐ Fever
- ☐ Chills
- ☐ Loss of Appetite
- ☐ Other \_\_\_\_\_

### Neurological

- ☐ Headache
- ☐ Dizziness or Vertigo
- ☐ Memory Loss
- ☐ Numbness or Tingling
- ☐ Tremors
- ☐ Other \_\_\_\_\_

### Endocrine

- ☐ Excessive Thirst
- ☐ Hair Loss
- ☐ Heat Intolerance
- ☐ Cold Intolerance
- ☐ Other \_\_\_\_\_

### Eyes/ Ears/ Nose/ Throat/ Mouth

- ☐ Vision Changes
- ☐ Ringing in Ears
- ☐ Nose Bleeds
- ☐ Hoarseness
- ☐ Sore Throat
- ☐ Mouth Sores
- ☐ Neck or Jaw Pain
- ☐ Lumps in Neck
- ☐ Other \_\_\_\_\_

### Cardiovascular

- ☐ High Blood Pressure
- ☐ Chest Pain or Pressure
- ☐ Palpitations
- ☐ Shortness of Breath with Exercise
- ☐ Varicose Veins
- ☐ Ankle Swelling
- ☐ Leg Cramping
- ☐ Other \_\_\_\_\_

### Respiratory

- ☐ Shortness of Breath
- ☐ Wheezing
- ☐ Frequent Cough
- ☐ Coughing up Blood
- ☐ Sputum
- ☐ Snoring
- ☐ Other \_\_\_\_\_

### Genitourinary

- ☐ Incontinence
- ☐ Frequent Urination
- ☐ Painful Urination
- ☐ Urge to Urinate
- ☐ Urine Retention
- ☐ Blood in Urine
- ☐ Dark Urine
- ☐ Awakening to Urinate
- ☐ Discharge
- ☐ Change in Urine Stream
- ☐ Lumps in Testicles
- ☐ Menstrual Problems
- ☐ Menopause
- ☐ Other \_\_\_\_\_

### Gastrointestinal

- ☐ Abdominal Pain
- ☐ Nausea
- ☐ Vomiting
- ☐ Heartburn or Indigestion
- ☐ Difficulty Swallowing
- ☐ Diarrhea
- ☐ Constipation
- ☐ Blood in Stool
- ☐ Other \_\_\_\_\_

### Musculoskeletal

- ☐ Joint Pain
- ☐ Joint Swelling
- ☐ Neck Pain
- ☐ Back Pain
- ☐ Muscle Aches
- ☐ Other \_\_\_\_\_

### Integumentary

- ☐ Rash
- ☐ Change in Moles
- ☐ Other \_\_\_\_\_

### Hematologic/ Lymphatic

- ☐ Swollen Glands
- ☐ Easy Bruising
- ☐ Other \_\_\_\_\_

### Psychologic

- ☐ Anxiety
- ☐ Depression
- ☐ Irritability
- ☐ Other \_\_\_\_\_